



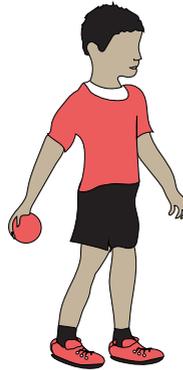
Kitchen Curling PE Home Learning



Can you play fairly and keep the score?

Time to Learn:

- Clear a space on a smooth surface i.e. a table or hallway floor and place a target at one end of the space.
- Using a pair of rolled up socks, slide them across the floor, trying to get them as close to the target as possible.
- Play against an opponent. Each player has three pairs of socks. The pair of socks closest to the target scores a point.
- The player with the most points after three rounds is the winner.



Place the target marker closer to you. Only move it further away when you feel confident.

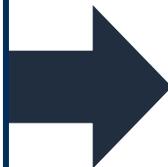
Place obstacles in the way of the target!

Have a competition!
Create a league table and play against different family members.

Top Tips

Focus on the target

- Concentrate on the target and use an underarm technique to slide the socks along the surface.



Let's Reflect

What did you find easy or hard about this game?
How did you feel when your socks were the closest?